



ONE BLACK WOMAN Podcast

'NURTURING THE CREATIVE SPIRIT'

Talks w/ Three VAPA Artists

THE TWENTY-TWO QUESTIONS

(NOTE: The Talks are divided into 22 'Chapters' (or episodes). For each Chapter there is a lead Question. But an answer can of course lead to another question ! So most of the Chapters actually have multiple questions ! Answer all of them for yourself.



CHAPTER #1: In What Mediums Or Forms Do You Do Creative Work ?

When Was The First Time You Saw Someone Doing It ? Who Were They ?
Did You Get To Speak With Them ? If Not, Did You Get To Talk Soon After
With Someone Who Knew Something About It ?

CHAPTER #2: What Was Your First Attempt Like At Doing The Work ?

What Surprised You Most About Doing It ?

CHAPTER #3: What Did Your Family Or Friends Say About You Taking Up The Work ?

CHAPTER #4: Where Do You Currently Do The Work ? What Are Work Conditions Like ?

Since the Three Artists are part of the VAPA artistic community they were asked specifically:

- a) If There Was No VAPA, What Would You Miss Most From Your Life ?
- b) Tell The Story Of A Moment At VAPA You Will Never Forget.

CHAPTER #5: How Many Hours A Week Do You Do Your Creative Work ?

a) How many hours would you like to be able to do your creative work ? b) Do you currently work a job to survive ? (It could be a good job, but you do it to pay bills; not for love.) If so, how many hours a week do you spend doing that job ? Is there anything that you do at that job that could contribute to your creative work ?

CHAPTER #6: Is There A Particular Point In The Process Of Doing Your Work Where You Often Get Stuck ? What Helps You Get Started Again ?

CHAPTER #7: Do You Have Rituals, Or Wardrobe, Or Props, Or A Location That Helps You Get Immersed In Your Work ?

CHAPTER #8: What Is The Strangest Or Most Surprising Story You Have Heard About The Work ? What Is The Most Wonderous Thing That Has Ever Happened While You Were Doing The Work ?

CHAPTER #9: What Is The Most Discouraging Thing That Ever Happened To You While Doing Or Attempting To Do Your Work ? How Did You Respond ?

CHAPTER #10: When Having Difficulty Doing Your Work --- Do You Consider It A 'Struggle' Or A 'Challenge' ? Define 'Struggle' And 'Challenge' First !

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THE TWENTY-THREE QUESTIONS (cont.)

CHAPTER #11: What Does Your Creative Work Do For Your Self-Image ?

**CHAPTER #12: While Doing Your Work – You Are Transformed Into
A Comic Book Character ! What Is Your Character's Name ?**

What Special Powers Do You Now Have ?!

Shout Your Character's Motto Or Favorite Expression !

LET'S DO AN IMPROV !

CHAPTER #13: We've finished Questions about your 'Creative Work'. Before going on to Questions about your 'Beliefs & Likes', let's do a creative act together ! We're going to spontaneously build an '**One-Word-At-A-Time Story**', an improv exercise suggested by Stuart Ranson, Director of the [Charlotte Comedy Theater](#) and one of three VAPA Artists participating in the Talks. We agree on one word to start, then we go back and forth adding a word to create a story. Listen to Chapter #13, then with a partner or a group play the '**One-Word-At-A-Time Story**' yourself.

CHAPTER #14: What Is Your Favorite Word ? Why ? Least Favorite Word ? Why ?*

**CHAPTER #15: What Turns You On Creatively, Spiritually, Or Emotionally ?
What Turns You Off ?***

CHAPTER #16: What Sight Do You Love ? What Sight Do You Hate ?

CHAPTER #17: What culture other than your own do you want most to explore ?
(Culture is being used broadly here. — It can refer to a specific people or country, or a sub-culture like skateboarders or gamers or foodies.)

**CHAPTER #18: What Culture, Discipline, Or Practice Do You Know Little About –
And Feel This At Times Puts You At A Disadvantage Or Makes You Feel Inadequate ?**

CHAPTER #19: Name The Two Most Influential People In Your Life. Why ?
(It can be someone you have known personally or a figure in history you have studied.)

**CHAPTER #20: What Profession Or Art Other Than Your Own
Would You Like To Attempt ?***

CHAPTER #21: When Did You Know You Were Different ? *(You define 'different'.)*

**CHAPTER #22: When You Are Gone – Hopefully Decades From Now – And You Are
Remembered -- What Do You Think (Or Hope) People Will Say About You ?**
(This can reflect what your life has been – or what you still hope – or fantasize -- it will be.)

**The ?s -- #14, 15, & 20 are from the famous [James Lipton's famous Actor's Studio](#) Questionnaire.*