



ONE BLACK WOMAN Podcast

'NURTURING THE CREATIVE SPIRIT'
Talks w/ Three VAPA Artists

CHAPTER #1: YOUR FOUR DISCUSSION QUESTIONS

For After You Listen To The Podcast Episode

- 1) Do you know of any 'Secret Artists' among your family or friends ?
- 2) Name a person or event that inspired you to be creative.
(Even if you had trouble knowing how to follow through.)
- 3) One of the Artists in the Talks does 'improvisation' -- *Performers invent stories, characters, and settings on the fly, often starting with audience suggestions.* The Second City Theater, which opened in Chicago in 1959, is considered the breeding ground for modern improvisation. Many famous comedians (like Bill Murray, Tina Fey, and Stephen Colbert) started their careers there. Amazing Fact ! The original inspiration for improv started with games created by a sociologist to help immigrant children improve their life skills as they adjusted to their new lives. **Viola Spolin** is considered the mother of modern improv because she studied these children's games and evolved them into the theater games they played at the Second City Theater.

Being able to improv is actually considered a life skill. Coming up with a delicious new recipe out of leftovers or doing a MacGyver (meaning using whatever you have at hand to repair something) are both forms of improv.

Have you ever come up with an improv to deal with a situation ? Or seen someone else do so ?

- 4) What comment by one of the Artists in Chapter #1 did you most related to or want to talk about ?

CHAPTER #1 Recap: In What Mediums Or Forms Do You Do Creative Work ?

When Was The First Time You Saw Someone Doing It ? Who Were They ?
Did You Get To Speak With Them ? If Not, Did You Get To Talk Soon After
With Someone Who Knew Something About It ?